

Vestibular Balance Therapy



WASHINGTON COUNTY
HOSPITAL
Total Rehab Care

Vestibular rehabilitation is a program that helps improve balance through stimulation and exercise, retraining your body to respond to changes in your environment. Body position and changes in the ground you are on affect your balance. We have the ability to help you cope with your balance challenges.

Vestibular balance disorders are often caused by inner ear inflammation, traumatic brain injury, positional vertigo, or stroke. The disorders affects your mobility by causing dizziness or lightheadedness. Our goal is to help you regain control over your lifestyle by improving your balance and coordination.

Equipment such as the Balance Master helps your therapist simulate your environment. Your therapist will work with you to enhance your balance skills in a safe, comfortable atmosphere. Vestibular therapy will help you retrain to do the things that you have always enjoyed.

For more information or to arrange treatment, call 301-714-4025.



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Robinwood Medical Center
11110 Medical Campus Road, Suite 201
Hagerstown, MD 21742
301-714-4025

Visit our web site at:
www.washingtoncountyhospital.com