

**Peripheral arterial disease (PAD)** is a blockage in blood circulation due to fatty deposits or plaque, building up in the inner linings of the artery walls. These blockages restrict blood circulation, primarily in arteries leading to the kidneys, stomach, arms, legs and feet. Left untreated, PAD increases the risk of heart attack, stroke, amputation, or death.

**Carotid artery disease** occurs when the carotid arteries, the primary blood vessels to the brain, develop a buildup of plaque caused by atherosclerosis. When the buildup becomes severe, it can cause a stroke. If detected and treated, most strokes can be prevented.

**Aortic aneurysms (AAA)** occur when the wall of the aorta, the main artery in the chest and abdomen, progressively weakens. This causes a dilation of the vessel. If not diagnosed and treated, the aneurysm will grow larger and eventually rupture, which can be fatal. If the AAA is detected and treated, risk of rupture is very low and chances of recovery are great. The primary risk factor for developing an AAA is smoking.

**Venous Disease** is insufficient blood flow from the legs back to the heart. Blood pools or congests in your legs. Undiagnosed or left untreated, the results can range from swelling and pain to severe varicose veins and eventually, ulcers and potentially life-threatening blood clots.



### Directions

**From Interstate 81** - Follow I-81 to Exit 6A (Rt. 40 East). Stay in right lane and follow Washington Avenue (which becomes Washington Street). Continue through town and turn right onto Mulberry Street. Turn left onto Antietam Street. Washington County Hospital is on the right and the parking garage is on the left.

**From Interstate 70** - Follow I-70 to Exit 32B (Rt 40 West). Follow Route 40 into Hagerstown and take a left onto Cleveland Avenue, then right onto Antietam Street. Washington County Hospital is on the left and the parking garage is on the right.



WASHINGTON COUNTY  
HOSPITAL

### Vascular Center

Washington County Hospital  
251 East Antietam Street  
Hagerstown, MD 21740  
**301-790-8570**

Visit our web site at:  
[www.washingtoncountyhospital.com](http://www.washingtoncountyhospital.com)



WASHINGTON COUNTY  
HOSPITAL

**The Vascular Center at Washington County Hospital** is a comprehensive program treating patients with vascular disease. We offer vascular screenings, diagnostic studies, medical, and surgical therapies. Our team includes board certified vascular surgeons, radiologists, and nurses. Each patient's treatment is coordinated by a vascular care specialist.

For more information about the Vascular Center at Washington County Hospital, contact vascular care specialist, Cathy Ware, R.N., at **301-790-8570**.

### **Our Vascular Care Team**

A registered nurse specializing in vascular surgery coordinates the care of vascular patients. The vascular care specialist contacts each patient, providing patients with individualized education, including vascular risk factors and what to expect while in the hospital. During the hospital stay, the vascular care specialist visits periodically with each vascular care patient—answering questions and ensuring that the patient's hospital stay goes smoothly.

Prior to leaving the hospital, the specialist works with patients to ensure an effortless transition home. The vascular care specialist monitors the clinical status of each patient for one year after surgery—assuring that patients are receiving the proper medical care they need.

### **Vascular Surgeons**

Our highly trained physicians specialize in the diagnosis and treatment of non-cardiac vascular diseases and are dedicated to the highest levels of patient education and care. Our board certified surgeons specialize in open, endovascular, minimally invasive and non-invasive procedures for the full range of vascular disease and conditions.



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