

Spine Therapy



WASHINGTON COUNTY
HOSPITAL
Total Rehab Care

Total Rehab Care provides comprehensive evaluation and treatment for patients who have experienced traumatic or cumulative injuries to the back and spine or are recovering from back surgery.

Highly skilled therapists provide therapeutic treatments aimed at reducing pain and maximizing function — thereby reducing the risk of reinjury.

Your treatment options may include:

- manual therapy
- comprehensive exercise programs, both onsite and home exercise instruction
- aquatic therapy
- work hardening and functional capacity evaluations
- back school, postural training, and ergonomic assessments
- modalities (including heat, ice, ultrasound, and electrical stimulation)

We realize that every person is unique. With that in mind, our goal is to provide an individualized, comprehensive, and effective treatment plan for each patient.



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Robinwood Medical Center (Red Entrance)
11110 Medical Campus Road, Suite 201
Hagerstown, MD 21742
301-714-4025
or toll-free 877-793-7422

Visit our web site at:
www.washingtoncountyhospital.com