

# Physical Therapy



WASHINGTON COUNTY  
HOSPITAL  
*Total Rehab Care*

## Physical Therapy

Physical therapy services may be prescribed for you by a physician after surgery or a traumatic injury or event. Physical therapy is a treatment of injury or disease by mechanical or physical means. Physical therapists work closely with patients and families to develop a personalized treatment plan to rebuild your strength and coordination, and help you return to activities you enjoy. Physical therapists will work with you to help improve motor skills, strength, endurance, balance and independence.

Total Rehab Care is the area's premiere provider of inpatient and outpatient rehabilitation services. It is the only CARF (Commission on Accreditation of Rehabilitation Facilities) accredited program in the region.



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